

A

# Affina Beauty Studio

*"To make beautiful"*

## **Opening Hours**

Monday Closed

Tuesday 10am - 5pm

Wednesday 10am - 8pm

Thursday 10am - 8pm

Friday 10am - 5pm

Saturday 9:30am - 4pm

Closed Sunday

**Welcome to Affina Beauty Studio. We offer a hideaway to relax, be pampered and have all your essential treatments using carefully chosen products of the highest quality.**

## 01579 324864

[info@affinabeautystudio.co.uk](mailto:info@affinabeautystudio.co.uk)

[www.affinabeautystudio.co.uk](http://www.affinabeautystudio.co.uk)

11 Fore Street, Liskeard, Cornwall, PL14 3JA

**Company No 08733820**

## Hair Removal – *dilea blew*

**Waxing** *An excellent method of removing unwanted hair.*

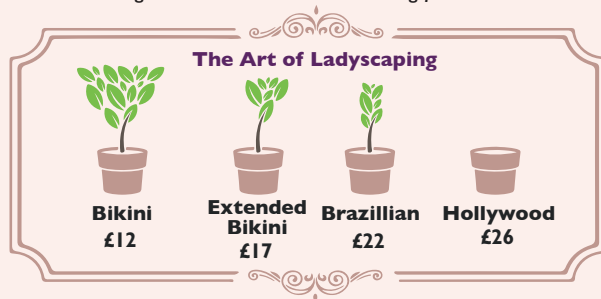
Full Leg	£27
¾ Leg	£22
Half Leg	£17
Underarm	£11
Forearm	£16
Eyebrow Shape	£8.75
Lip or Chin	£7.50
Back or Chest	£21

**Smooth as Silk £42**  
Full leg wax, bikini line wax,  
underarm wax

**Not a Hair Out of Place  
£21/£22.50**  
Brow shape, lip wax/thread,  
chin wax/thread

**Threading**    **Eyebrow £11**    **Lip £9**    **Chin £9**

*Facial threading is an ideal alternative to waxing for sensitive skin.*



## For the lashes & brows – *blewen an lagasow*

Eyelash Tint	£12.50
False Strip Lashes	£12.50
Eyebrow Tint	£8.50
Temporary Individual Lashes	£22

**Exquisite Eyes £25**  
Eyelash tint, eyebrow tint,  
eyebrow shape

**LVL Lashes £42**

**LVL Consultation & Patch Test £5**

*Length, Volume & Lift. A treatment to straighten your lashes at the root, creating longer, lifted lashes that last 6-8 weeks. Includes eyelash tint.*

Classic Lash Extensions	£40	Infills from £20
Hybrid Lash Extensions	£50	Infills from £25
Russian Volume Lash Extensions	£60	Infills from £30

*A sensitivity test is necessary for tinting and lash extensions  
24 hours prior to your appointment.*

## Electrolysis

*Electrolysis is a medically approved form of permanent hair removal. A free consultation will be provided to ensure the best course of treatment is given.*

0 - 10 mins	£16
10 - 20 mins	£21
20 - 30 mins	£32
30 - 45 mins	£42

**STEREX**

## Affina Spa Therapies - *Yaghheans kesunyes Affina*

### **Signature AromaWorks Relaxation Ritual £88**

A totally soothing full body massage using a bespoke body oil blend of the highest quality essential oils followed by a beautifully relaxing facial treatment to achieve ultimate relaxation.

### **Express AromaWorks Relaxation Ritual £54**

Choose your perfect blend of AromaWorks oils to induce relaxation during a stress relieving back massage followed by a restorative refresher facial to leave you with a radiant glow.

### **Cocoon Indulgence £98**

Drift away dreamily with our warm and cosy body envelopment. A delicate blend of sea salt and coconut oil is used to refine and exfoliate the skin, before a rich formulation of pumpkin seed, coconut and rosehip oil is generously massaged into the entire body. Lie back and be cocooned in warmth whilst your therapist performs a rejuvenating facial to ensure you are pampered from top to toe. Awaken from tranquillity and feel like a new you.

### **AromaFlex £54**

An advanced complimentary treatment combining the restorative therapies of aromatherapy back, neck and shoulder massage with reflexology to leave you feeling calmed and soothed with an overwhelming sense of wellbeing.

### **Signature Thermo - Therapy Experience £92**

A highly therapeutic full body massage using the energy and heat retaining properties of volcanic basalt stones. Deep penetration of the muscles is achieved to release tension throughout the body and promote profound relaxation. With the addition of a nourishing and rejuvenating aromatherapy facial this treatment becomes a truly blissful experience.

### **Express Thermo - Therapy Experience £56**

A relaxing thermo-therapy experience combining a hot stone back massage and an express facial. This treatment focuses on relieving tension in the back and shoulders whilst nourishing and restoring the skin leaving you de-stressed and glowing.

### **Energy Point Auricular Remedy £48**

Experience the balancing and calming ancient art of thermal auricular therapy followed by a pressure point scalp massage to bring balance and wellbeing to the body and mind.

### **Pregnancy Pampering £94**

A relaxing full body massage by a certified pregnancy practitioner, using beautiful pregnancy safe aromatherapy oils, combined with a conditioning facial to rejuvenate hormonal skin and leave you looking refreshed and glowing. Complete your pamper session with a pedicure for those hard to reach feet leaving you calm and relaxed.

## For the body - *korf*

### **Himalayan Body Brilliance £48**

This wonderful body polish treatment uses rare pink Himalayan sea salt to exfoliate the body leaving it silky soft and delicately fragranced. An expert blend of 84 trace minerals detoxifies the body and encourages nutrient absorption to nourish the skin. This brilliant treatment is completed with a conditioning fusion of 12 bioactive ingredients including the highly effective seagrass.

### **Purifying Indulgence £72**

This treatment is specially designed to remove the build-up of toxins in the body and help purify the skin. We begin by body brushing and exfoliating to increase circulation and remove any unwanted dead skin cells. A powerful blend of purifying essential oils is then massaged into the entire body using lymphatic drainage and pressure point techniques, to stimulate the body and boost toxin removal. Finish your massage with a serving of cleansing tea to ensure you are purified from the inside out.

### **Purifying Back Therapy £48**

The back is often neglected as it is hard to reach. This relaxing back treatment will deep cleanse and condition the skin and ease aches and pains with a tension relieving massage.

### **Deluxe Infinity Massage - £68**

The ultimate in relaxation, drift away with our longest ever back massage using a seasonal blend of beautiful essential oils followed by a slow, soothing foot massage to relieve stress and leave you floating on air.

## Holistic Therapies – *yaghheansow kowal*

### **Reflexology £34**

#### **Course of 4 £120 (£30 per treatment)**

An extremely relaxing foot treatment that can help to identify problem areas in the body. Reflexology is a healing treatment involving massage and energy healing techniques. Through relaxing yet stimulating pressures to the reflexes of the feet the body's natural healing processes are engaged.

### **Thermal Auricular Therapy (Hopi Ear Candling) £35**

#### **Course of 4 £128 (£32 per treatment)**

An ancient art that stimulates blood and energy flow and is beneficial in unblocking the sinus canals. It is a good balancing treatment to have before and after flights as it can help to regulate pressure in the ears and head. It is a pleasant and non-invasive treatment of the ears that can improve a variety of conditions including:

- Tinnitus
- Sore throats and hayfever
- Compacted ear wax and glue
- Catarrh and asthma
- Headaches and migraines
- Rhinitis and sinusitis

### **Infinity Massage - £48**

Step into an oasis of calm and relax with a back massage to ease aches and pains followed by a foot massage to leave you feeling balanced and grounded.

For the Face – *bejeth*



### **Signature AromaWorks Facial £52**

A wonderfully relaxing yet instantly effective facial treatment for all skin types. Allow your therapist to tailor your treatment to suit your needs, with skincare containing premium essential oils and bioactive ingredients. The anti-ageing properties of our 14 bioactive ingredients, including rose and sandalwood, leave your skin with improved elasticity and a bright youthful appearance.

### **Express AromaWorks Facial £32**

This shortened version of our full facial is perfect for a quick refresher when you cannot spare a whole hour of pampering. A condensed treatment to effectively repair and restore your skin.

## **Touch Therapies £10**

Add additional relaxation  
to your skin treatment

*Stress relief back*

*Relaxing foot*

*Soothing scalp*

*Calming hand*

*Tension relieving neck and shoulder*

## **dermalogica® skin services** healthy glowing skin, for life

### **ProSkin 60 £60**



The ultimate treatment, different every time. Customised with advanced products, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns and achieve healthy glowing skin.

### **ProSkin 30 £36**



Our customised treatment, on your time! Targeting your key skin concern for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes, want visible results and great value.

### **Clearstart Teen Skin Treatment £26**



A skin treatment specifically targeting the individual needs of teenagers using products that give great results alongside education on how to care for each unique teen skin.

### **SkinSolver® £10**



Fix skin concerns fast with our 10-minute express seated treatment. Let your skin therapist show you professional hacks to get you healthy skin that glows. Ideal if you need a skin boost or before a special event.

### **Face Mapping Skin Analysis**



Your skin is unique, let's treat it that way! Discover how to achieve your best skin ever with your complimentary skin fitness plan.

## Advanced Skin Services - *avonsya diruska servis*

### Microdermabrasion

#### ProDiamond 60 £70

Course of 4 £260 (£65 per treatment)

A cosmetic procedure for the face or body combining microdermabrasion with advanced dermalogica skincare products. A diamond tip handpiece is used to exfoliate dead skin cells renewing the skin and improving the appearance of pores, fine lines and pigmentation. It improves the skins overall texture leaving it smoother and more radiant. Our 60 minute treatment includes targeted serums, masques and massage to further enhance the effects of the microdermabrasion and leave you feeling relaxed. For best results a course is recommended with treatments 7-14 days apart.

#### ProBright £56

Course of 4 £200 (£50 per treatment)

A quick, high intensity, 30-minute skin treatment to boost maximum absorption of vitamin C, dramatically brightening and smoothing the skin.

ProBright works in three steps:

1. Resurface: Advanced, professional strength lactic acid formulations brighten skin by delivering deep exfoliation, removing dead skin cells and allowing fresh, bright cells to come to the surface.
2. Infuse: BioLumin-C PRO Serum is applied with penetration technologies and tools, to facilitate Vitamin C absorption.
3. Bio-Activate: Cooling contour masque locks in the vitamin C and helps firm the skin as it cocoons the face. For maximum brightness a course of treatments 12-14 days apart is recommended.

#### ProDiamond 30 £46

Course of 4 £165 (£41 per treatment)

A 30 minute microdermabrasion session to rapidly improve the skins texture and appearance. A diamond tip handpiece removes dead skin cells whilst they are instantly suctioned away. It can treat pigmentation, fine lines and wrinkles, dull and rough texture, ketosis pilaris and other minor skin imperfections. For best results a course is recommended with treatments 7-14 days apart

#### Pro Power Peel 30 £66

Course of 4 £244 (£61 per treatment)

Our strongest and fastest peel yet, using different types of acids to chemically peel the skins surface instantly rejuvenating and refreshing your skin. The ideal treatment to the face for targeting lines, wrinkles, uneven pigmentation or breakouts

#### Pro Power Peel 60 £90

Course of 4 £340 (£85 per treatment)

Our most advance treatment yet that will leave skin clear, smooth and glowing. A chemical peel using acids bespoke to your skin concern to remove the epidermis targeting lines, wrinkles, pigmentation and congestion on both the face and decolette. Advanced products, techniques and technologies are used to dramatically enhance results, a customised mask and a relaxing massage ensure your skin is calmed post peel.



# Massage - *lewtosa*

## Serenity Massage £43

A classic back, neck and shoulder massage to relieve specific areas of tension followed by a deeply relaxing scalp massage using eastern techniques to relieve and restore your natural energy flow. The healing and nourishing properties of our serenity essential oil blend help uplift and revitalise the mind and body.

## Deep Tissue Massage

**30 mins £33    45 mins £42    60 mins £52**

A style of massage using deep, firm pressure to treat severe muscle tension, through techniques such as neuro-muscular trigger pointing. Forearm and elbow pressure and friction movements are used to break up and eliminate toxins. Infra red heat may be used to warm the muscles to enable a deeper massage. This treatment can help with conditions such as back ache, neck pain, sciatica and leg cramps.

## Aromatherapy Massage

**Full Body £52    Back, Neck and Shoulders £34**

A personalised treatment with a qualified aromatherapist who after an in depth consultation will mix a blend of essential oils to meet your needs. These oils will be used to perform a light lymphatic drainage style massage aimed at restoring balance and boosting the body's immune responses through the use of essential oils.

## Swedish Massage

**Full Body £44    Back, Neck and Shoulders £27**

A classic European massage designed to relax muscles by applying moderate pressure. It can help the recovery of strained muscles by flushing out waste products, improving circulation, promoting relaxation and easing muscular aches.

## Pregnancy Massage £50

A prenatal massage designed with mother and baby in mind. A holistic treatment which will help with pregnancy aches and pains, aid sleep and reduce stress. Carried out by a certified practitioner.

## Indian Head Massage £34

**Course of 5 £150 (£30 per treatment)**

A deeply relaxing treatment of the upper back, neck, shoulders and face that is based on ayurvedic massage techniques. It can help reduce stress, fatigue and tension headaches.

## Hot Stone Massage

**Full Body - £52    Back, Neck and Shoulders £34**

A truly relaxing and effective massage that alleviates stress and induces a feeling of wellbeing. The heat from warm stones penetrates deep into muscle tissue easing tension.

To enhance your relaxation AromaWorks body oils can be added to any massage for just **£4**



## For the hands and feet - *lewyow ha treys*

### B Skincare Manicure £28.50

A nourishing manicure using locally sourced products where the nails and cuticles are tidied, hands are scrubbed before a deeply moisturising warm paraffin wax is applied. Excellent for those with dry skin and can ease the discomfort associated with arthritis.

### B Skincare Pedicure £32.50

A pedicure using nourishing beeswax and essential oil creams and balms to quench, rehydrate and protect dry skin. A warm paraffin wax mask and foot massage nourishes dry skin and improves circulation to the feet.

#### OPI ProSpa Manicure Services

Shape and Polish £17.50	Express Manicure £21.50	Signature Manicure £26.50
<ul style="list-style-type: none"> <li>• File</li> <li>• Cuticles</li> <li>• Polish</li> </ul>	<ul style="list-style-type: none"> <li>• File</li> <li>• Cuticles</li> <li>• Exfoliation</li> <li>• Mini massage</li> <li>• Polish</li> </ul>	<ul style="list-style-type: none"> <li>• File</li> <li>• Cuticles</li> <li>• Exfoliation</li> <li>• Mask with heated mittens</li> <li>• Massage &amp; serum</li> <li>• Polish</li> </ul>

**Nail file and buff £8**  
Ideal for gel removal

**Add OPI Gel Colour to any of the above for £10**  
**Add nail art from £5**

**FREE Removal appointments for all our gel colour clients, when booked with any manicure. £8 when booking just a gel colour removal.**

#### OPI ProSpa Pedicure Services

Shape and Polish £17.50	Express Pedicure £25.50	Signature Pedicure £31.50
<ul style="list-style-type: none"> <li>• File</li> <li>• Cuticles</li> <li>• Polish</li> </ul>	<ul style="list-style-type: none"> <li>• Soak &amp; scrub</li> <li>• Nail trim &amp; file cuticles</li> <li>• Mini massage</li> <li>• Polish</li> </ul>	<ul style="list-style-type: none"> <li>• Soak &amp; callus soften</li> <li>• Hard skin removal &amp; exfoliation</li> <li>• Cuticles</li> <li>• Mask &amp; heated booties</li> <li>• Massage</li> <li>• Polish</li> </ul>

**Add Callus Peel to any pedicure for £10**  
Effectively removes unwanted dry skin leaving feet super smooth

**Add OPI Gel Colour or Minx to any pedicure for £10.**


**Nail Trim £20.50** Essential maintenance for hard to reach feet.

#### OPI Nail Enhancements

OPI enhancements give exceptional strength and clarity. Let our expert nail technicians choose between Absolute Acrylic or the Axxium Gel system to give you beautiful nails.

**Full Set Enhancements £37.50   Re-balance £25.50   Single New Nail £4.50   Enhancement Removal £14**

**Add OPI Gel Colour to any of the above for £5**



## Finishing Touches – *manylyon finsya*

**Special Occasion Make-up £30**

**Make-up Lesson £38**

**Delilah Cosmetics Consultation £12**

(redeemable against any products purchased)

## Wedding Make-up

We specialise in bridal make-up and beauty treatments and take pride in being involved in such a special day. Our team of highly trained make-up artists use a kit containing the highest quality products to enhance both your natural and photographic beauty on the day.

You are welcome to choose whether to come into the studio for your wedding treatments or our makeup artists are happy to travel to your home or venue for your appointments (mobile fee applies)

For the best results please book a SkinSolver or ProSkin 30 prior to a make-up appointment or arrive bare faced.

**Bridal £50**

**Consultation & Rehearsal £35**

**Mother of the bride/groom £30**

**Bridesmaids £30 Younger**

**Bridesmaids £16**

**Flower Girls (Under 7) £8.50**

## Affina Half Day Experiences

### Little Affina *bian*

Make-Up Lesson	<b>£20</b>
Make-up	<b>£16</b>
Mini Make-up (Under 7)	<b>£8.50</b>
Clearstart Skin Treatment	<b>£20</b>
Skincare Lesson	<b>£15</b>
Little Affina Skinsolver	<b>£10</b>
Mini Manicure	<b>£12.50</b>
Shape & Polish	<b>£6.50</b>
Mini Pedicure	<b>£14.50</b>
Eyebrow tidy	<b>£6.75</b>

14 years and under

### Ear Piercing **£28.50**

The treatment is carried out hygienically and detailed home care advice will be given along with free studs and cleaning solution. 11 years and over only. Under 16's need to be accompanied by a parent or guardian.

### Inspire **£100**

Feel like a new you with our inspire package, the essential treatments to leave you feeling pampered.

A high shine gel colour manicure and pedicure to include hard skin removal, a relaxing back, neck and shoulder massage and a brow tint and wax to give that perfect shape.

Optional extra...  
Add Hybrid Lash extensions for just £45.

### Soulful **£100**

Our soulful spa session focuses on your holistic health to achieve a feeling of wellness and wellbeing.

Choose one from the following...

- Reflexology
- Full Body Hot Stones
- Deluxe Indian Head Massage
- Thermal Auricular Therapy

Following on from your holistic therapy you will have a facial using beautiful essential oils and a warm wax pedicure using Cornish products to soften and care for aching feet.

### Nurture **£100**

Nurture: Quiet, calm and nurturing.

Drift away with an aroma full body massage using rose and sandalwood essential oils. Stay cocooned on the warm couch for an AromaWorks London signature facial including a deeply relaxing shoulder, facial and head massage.

Finish your experience with a signature manicure to nurture dry hands.

### Serenity **£100**

Serenity: Uplifting, revitalising and rejuvenating treatments to target tension in the back, brighten dull skin and relieve tired legs.

Start your journey with a Himalayan salt scrub and cleansing clay mask to the back followed by a back, neck and shoulder massage to work on tension. Continue with a cooling lower leg and foot therapy to increase circulation and revitalise you.

Finish with a dermalogica Pro Skin 60, an advanced skin treatment that gives amazing results.

### **Covid Safety Guidelines**

Please call to rearrange your appointment if you or anyone in your household;

- Has any of the 3 main COVID symptoms- loss or change to sense of taste or smell/new continuous cough/high temperature.
- Has tested positive, has been told to self isolate or are awaiting a test or results.
- Has travelled abroad in the last 14 days.

### **Gift Vouchers**

Our gift vouchers make the perfect present for anyone who deserves a little luxury and relaxation. They can be used for any treatments or products and are valid for 6 months. Vouchers can be purchased in the salon, on our website [www.affinabeautystudio.co.uk](http://www.affinabeautystudio.co.uk) or over the phone by card payment, where they can then be collected or posted to you or the recipient.

### **Health Considerations**

Please keep us up to date with any changes to your health or medication.

On arrival kindly advise your therapist of any allergies, if you are pregnant, have been taking antibiotics or of any other medical considerations that may affect your treatment.

### **Cancellation Policy**

Please inform Affina Beauty Studio on 01579 324864 if you wish to cancel or reschedule your appointment at least 24 hours before the arranged time, otherwise 50% of the treatment costs will be charged.

Visit [www.thecornishbeautycompany.co.uk](http://www.thecornishbeautycompany.co.uk) to shop online for all our lovely products.

Appointments can be booked over the phone, by e-mail or through our online booking system on our website

[www.affinabeautystudio.co.uk](http://www.affinabeautystudio.co.uk)

